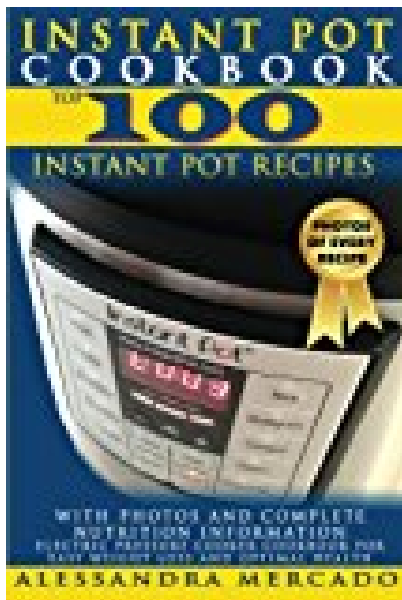


Instant Pot Cookbook Top 100 Instant Pot Recipes WITH PHOTOS and Complete Nutrition Information; Electric Pressure Cooker Cookbook for Easy Weight Loss and Optimal Health



BOOK DETAILS

- Author : Alessandra Mercado
- Pages : 236 Pages
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BOOK SYNOPSIS

Kindle MatchBook: Buy the paperback edition and get the Kindle edition FREE! THE TOP 100 EASY AND HEALTHY INSTANT POT RECIPES WITH PHOTOS, SERVING SIZE, AND NUTRITIONAL INFORMATION FOR EVERY SINGLE RECIPE! There is a revolutionary new way to enjoy remarkable, home-cooked, healthy meals without spending your whole life in the kitchen! 100 of the very best Instant Pot recipes! The Instant Pot has taken its place as one of the most popular kitchen appliances of the decade, but this is more than just a fad! Using the Instant Pot to cook delicious meals at home is a lifestyle and an entire movement based on reclaiming our health and well-being without sacrificing any of our favorite meals. Food isn't meant to be bland and boring any more than it is meant to be loaded with unpronounceable chemicals and served in a dirty old grease-stained paper bag through a drive-thru window. Food is meant to be enjoyed and savored at home with the people you care about most. That's why cooking with an Instant Pot is becoming so popular! Cooking with an Instant Pot means you can prepare elaborate, healthy, tasty meals at home for your entire family without slaving away for hours in the kitchen! The Instant Pot lets you save money and time while still enjoying the best home-cooked meals you've ever made! 100 healthy and tasty Instant Pot recipes for breakfast, lunch, and dinner, all with complete nutritional information, serving sizes, and pictures! This Instant Pot cookbook makes it easy to get the most out of your Instant Pot appliance! With easy breakfast recipes, fresh and fast lunch recipes, and mouth-watering dinner recipes, this one Instant Pot cookbook gives you enough amazing Instant Pot recipes to last you for months or even years without getting bored! Each and every recipe includes a photo of the meal as well as serving size and nutritional information. Enjoy some of the best meals of your life all while improving your health and losing weight! This collection of 100 of the best Instant Pot recipes truly lets you have it all! Eating meals cooked with an Instant Pot does not mean you are on a boring, bland, starvation diet. Eating bland and weird food might be one way to lose weight, but that is not what the Instant Pot is all about. Let's face it: if a diet isn't enjoyable, sooner or later it becomes impossible to stick to. Don't set yourself up for failure! Grab these amazing Instant Pot recipes now and learn the many delicious possibilities you could have for breakfast, lunch, and dinner today and every day for a week to come! Cooking with the Instant Pot can be fun and easy, but only when you know the right recipes! For less than the cost of visiting a fast food restaurant, you can get your hands on months of Instant Pot recipes, all with complete nutritional information, serving sizes, and pictures in this Instant Pot cookbook. Every recipe is easy to make, requires no significant cooking expertise, and is so healthy and delicious you will be proud to serve these meals to your family and friends. World class meals you can serve to your family and friends with pride! Healthy eating guru Alessandra Mercado has assembled an award-winning collection of the absolute best Instant Pot recipes you'll ever taste. These recipes are all great for promoting optimal health and rapid fat loss, but they taste so good you'll never feel like you're sacrificing anything! Don't miss out! Grab the paperback edition of this book today and claim your free Kindle edition with Kindle MatchBook! Make a small investment in your health and well-being, as well as the health and well-being of your family, that will pay off huge in the long run!

INSTANT POT COOKBOOK TOP 100 INSTANT POT RECIPES WITH PHOTOS AND COMPLETE NUTRITION INFORMATION; ELECTRIC PRESSURE COOKER COOKBOOK FOR EASY WEIGHT LOSS AND OPTIMAL HEALTH -

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