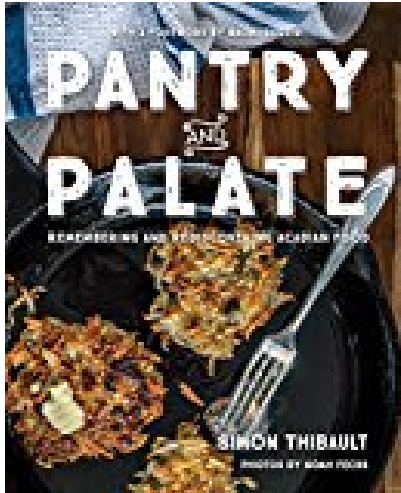


Pantry and Palate Remembering and Rediscovering Acadian Food



BOOK DETAILS

- Author : Simon Thibault
- Pages : 224 Pages
- Publisher : Nimbus Publishing
- Language : English
- ISBN : 1771084901

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BOOK SYNOPSIS

What is Acadian food? It is humble, homey, and comforting. It is made with love and devotion, from a larder that is small but mighty, and holds history within itself. And it is made to be eaten. In *Pantry and Palate*, journalist Simon Thibault explores his Acadian roots by scouring old family recipes, ladies auxiliary cookbooks, and folk wisdom for 50 of the best-loved recipes of Acadians past and present. Recipes run the gamut, from the art of pickling beets to old-fashioned foodways such as rendering lard and cooking with head cheese, to Acadian staples like Classic French Canadian Tourtière and Seafood Chowder, and a delicious roster of desserts from Rhubarb Custard Pie to Acadian Panna Cotta. Including essays celebrating the stories behind the recipes, a foreword by bestselling author Naomi Duguid (*Taste of Persia*), and photos by noted food photographer Noah Fecks (*The Up South Cookbook*), *Pantry and Palate* is magnifique from page to plate.

PANTRY AND PALATE REMEMBERING AND REDISCOVERING ACADIAN FOOD

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